

Practical Ideas to help at Home

- Reward charts
- Talking to your child about how they are feeling
- Mood boards / emotion cards
- Feelings diary
- Worksheets to deal with anger management
- Time out area / safe, calm area
- Visual routines
- Maintain consistency and boundaries

All of the resources mentioned above are available from the school... just come in and ask...

CONTACT:

Kirsty Hargreaves (Inclusion Support)

Website: www.queensmeadacademy.org – click on 'parent tab/family support' and fill in the online contact form

Telephone: 01162858518 to make an appointment or drop in at the office.



QUEENSMEAD PRIMARY ACADEMY

Inclusion Support 2018-2019

Part of the Greenwood Academies Trust group of Academies



Worried about your child?

Concerned or scared?

Family conflict or
relationship issues?

Need support or help with
something?

What is Inclusion Support?

- Support from the school to help deal with any worries and concerns
- Help to engage families with their child's learning and support the school's ethos and values
- Helpful advice and useful contacts outside of the school
- Resources, ideas and information
- Behaviour advice
- Activities after school to encourage family interaction
Themed every month... previous activities include pumpkin carving, arts & crafts, talent shows, Easter trails and more...
- Behaviour management
- One to one support
- Parenting support
- Email contact & online support
- Drop in sessions to discuss concerns
- Help with family conflict or relationships issues
- Or just a chance to talk to someone

Anything discussed will remain confidential and not discussed outside of the school unless the parents request it....